

Cannabis is legal now,  
does that mean it's safe?

Can I use cannabis with alcohol, tobacco,  
or prescription drugs?

Can I become addicted to cannabis?

What's the difference between  
recreational and medical cannabis?

Is cannabis safe for pregnant  
or breastfeeding women?

Can I "overdose" or have a bad reaction to cannabis?

# CANNABIS



## Your Questions, Answered.

### HOW CAN I **LOWER MY HEALTH RISKS** FROM CANNABIS

- Not using cannabis is the safest option
- Avoid using cannabis until after 25
- Choose lower THC concentrations
- Don't use synthetic products like K2/spice
- Don't use cannabis with alcohol or tobacco
- Don't use cannabis if you plan to drive
- Avoid smoking cannabis. Use alternative methods like oils and sprays
- Use less often (once per week or less)