

Parent Link | Fall 2025

A Community approach to Parenting and Caregiver Programs, offering **FREE** parenting classes to parents or caregivers of children aged 0 to 16.

Parent Link

0-6 yrs | Fall 2025

Children First

105-2565 Ouellette Ave., Windsor - 519-250-1850
www.children-first.ca/groups-for-parents

Circle of Security™ - virtual 8 week program

Saturday, September 13 - November 8, 9:30-11:30 am

Wednesday, September 17 - November 5,
1:00-2:30 pm

Circle of Security™ - in-person 8 week program

Thursdays, October 2 - November 20, 6:00-7:30 pm
105-2565 Ouellette Ave., Windsor

Mondays, October 20 - December 8,
6:00-7:30 pm
Erie Migration, 1620 Jasperson Dr.,
Kingsville



Parent Link

0-6 yrs | Fall 2025

Connections EarlyON

795 Giles Blvd. E, Windsor - 519-252-9696 ext. 208
eon.connections@connectwithus.ca

In-person programs

Parenting Connections

Tuesdays, September 9 - October 28, 9:30-11:30 am
Child care offered.

Healthy Together™

Thursdays, September 11 - October 16, 9:30-11:30 am

Readers are Leaders: I'm Ready™

Tuesdays, November 4 - December 9, 9:30-11:30 am



Infant Massage

Tuesdays, November 11 - December 9,
1:30-3:00 pm

Circle of Security™ - 8 week program

Thursdays, October 23 - December 11,
9:30-11:30 am

Parent Link

Fall 2025

St. Mark's By-the-Lake Anglican Church

150 St. Mark's Rd., Tecumseh
519-735-4921. Drop-ins welcome.

In-Person Programs

Digital Dependency in Children - 6-12 years

Presentation by Regional Children's Centre
Wednesday, October 8, 7:00-8:30 pm

Building better tech habits - All ages

Presentation by MediaSmart
Wednesday, November 19, 7:00-8:30pm



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Separated or Divorced Parent/Caregiver

519-257-KIDS (5437)
www.hdgh.org/parentlink

Triple P Transitions

5 week program
Wednesdays, October 15 - November 12,
6:00-8:00pm

Support your child through family changes
with practical parenting strategies that
promote stability, emotional well-being, and
positive adjustment.



WWW.HDGH.ORG/PARENTLINK

519-257-KIDS (5437)

A collaborative effort
between the following
partners:



Children
First

Maryvale



FAMILY RESPITE SERVICES
WINDSOR-ESSEX



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Parent Link 6-12 yrs | Fall 2025

Community Collaborative Programs
519-257-KIDS (5437)
www.hdgh.org/parentlink

Virtual Programs
Divorce and its impact on children
Wednesday, October 22, 6:00-7:30 pm

Understanding Fear and Anxiety
Monday, November 3, 6:00-7:30 pm

Mental Health Strategies for Children
Monday, October 27, 6:00-7:30 pm

Positive Parenting (Triple P) Group
5 week program / 2-12 yrs
Thursdays, November 6 -
December 4, 6:00-8:00 pm



Parent Link 6-12 yrs | Fall 2025

Regional Children's Centre
3901 Connaught St., Windsor - 519-257-KIDS (5437)
Phone registration only

In-Person Programs
Trauma Informed Parenting (TIP) - 7 week program
Wednesdays, October 1 - November 12
9:30-11:30 am OR 6:00-8:00 pm

Circle of Security™ - 8 week program
Thursdays October 23 - December 11
9:30-11:30 am OR 6:00-8:00 pm

Safe Boundaries - 2 week program
Thursdays, October 16 and 23
6:00-8:00 pm



Parent Link 6-14 yrs | Fall 2025

Triple P Fear Less
519-257-KIDS (5437)
www.hdgh.org/parentlink

6 week program

Tuesday, October 21 - November 25,
6:00-8:00 pm

Learn how to help your child manage anxiety by teaching coping skills, building confidence, and supporting them in facing their fears.



Parent Link 11-16 yrs | Fall 2025

Triple P Teen Discussion Group
519-257-KIDS (5437)
www.hdgh.org/parentlink

Reducing Family Conflict
Thursday, October 2, 6:00-8:00pm

Getting Teens to Cooperate
Thursday, October 9, 6:00-8:00pm



Parent Link Teens | Fall 2025

St. Mark's By-the-Lake Anglican Church
150 St. Mark's Rd., Tecumseh
519-735-4921. Drop-ins welcome.

In-Person Programs - Presented by Maryvale
Anxiety Coping Strategies
Wednesday, September 24, 7:00-8:30 pm

Coping with teen's emotions while avoiding adult burnout
Wednesday, October 29, 7:00-8:30 pm

Managing difficult behaviours
Wednesday, November 26, 7:00-8:30 pm



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