

## Information/Referral Support

Windsor-Essex County Health Unit (Windsor, Essex, & Leamington) ...	519-258-2146
Telehealth Ontario .....	1-866-797-0000
Essex Youth Centre .....	519-776-9000
Drouillard Place.....	519-253-1073
Multicultural Council of Windsor-Essex County .....	519-255-1127
New Canadians' Centre of Excellence Inc.....	519-258-4076
CanAm Indian Friendship Centre of Windsor .....	519-253-3243
Access Leamington Support Centre.....	519-324-0990
New Beginnings .....	519-971-0973
New Beginnings Youth Opportunity Strategy .....	519-254-2363
Sandwich Teen Action Group.....	519-254-6999
Windsor-Essex 211 .....	211
The Referral Matrix .....	<a href="http://www.matrix.resourcenetwork.ca">www.matrix.resourcenetwork.ca</a>
Windsor Essex Community Health Centre Teen Health .....	519-253-8481
Diabetes Wellness School Team.....	519-997-2823
Youth Diversion.....	519-253-3340
Hôtel-Dieu Grace Healthcare Regional - Children's Centre Help Link ...	519-257-5215
Employment Connections (Leamington) .....	519-326-8629

## Crisis Support

Windsor-Essex Children's Aid Society .....	1-800-265-5609
or.....	519-252-1171
Community Crisis Centre of Windsor-Essex County (24 hr) age 16+ yrs ...	519-973-4435
Hôtel-Dieu Grace Healthcare Regional Children's Centre Crisis Service & Walk in Clinic (age 6-18 yrs) (Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.) .....	519-257-5215

## Help Lines

Kids Help Phone (24 hr) .....	1-800-668-6868
ConnexOntario .....	<a href="http://www.connexontario.ca">www.connexontario.ca</a>
(Access to Addiction, Mental Health & Problem Gambling Services) ...	1-866-531-2600
Bounce Back Ontario (ages 15+ yrs).....	<a href="http://bouncebackontario.ca">bouncebackontario.ca</a>
MindBeacon (ages 16+ yrs) .....	<a href="http://info.mindbeacon.com/btn542">info.mindbeacon.com/btn542</a>
Hope for Wellness Hotline for Indigenous people across Canada ...	<a href="http://hopeforwellness.ca">hopeforwellness.ca</a>

## Alcohol and Drug Addiction

Windsor-Essex Community Health Centre (age 12-24 yrs) .....	519-253-8481
John Howard Society .....	519-252-3461
Centre for Addiction and Mental Health (camh.net).....	1-800-463-6273
Brentwood Adolescent Program (youth age 13-18 yrs) .....	519-253-2441
Needle Syringe Program - Positive Pathways Community Services ...	519-973-0222
Hôtel-Dieu Grace Healthcare Tayfour Campus Addiction Assessment and Referral (age 16+ yrs).....	519-257-5220
House of Sophrosyne (Women 16+ yrs).....	519-252-2711

## Quit Smoking Help

Windsor-Essex County Health Unit .....	519-258-2146 ext. 3100
Windsor Essex Community Health Centre (age 12-24 yrs) .....	519-253-8481
Smokers' Helpline .....	1-877-513-5333
Quash App (age 14-19 yrs) .....	<a href="http://www.quashapp.com">www.quashapp.com</a>

## Gambling Addiction

YMCA of Windsor & Essex County, Youth Gambling Awareness Program Workshops (age 8-24 yrs) .....	519-256-7330 ext. 238
Centre for Problem Gambling and Digital Dependency (16+ yrs) .....	519-254-2112

## Mental Health Services and Counselling

Hôtel-Dieu Grace Healthcare Regional Children's Centre - Walk In Clinic (age 6-18 yrs) (Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.) .....	519-257-5215
Canadian Mental Health Association .....	519-255-7440

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Canadian Mental Health Association .....	519-255-7440

## Mental Health Services and Counselling

Children First (age 0 – 6 yrs) . . . . .	519-250-1850
Erie St. Clair Local Health Integration Network Mental Health and Addictions Nurses . . . . .	1-888-310-8881
Family Service Windsor-Essex (age 6 yrs or older) . . . . .	519-966-5010
The Inn of Windsor (age 13-21 yrs) . . . . .	519-252-7768
Youth Wellness Hub Windsor-Essex . . . . .	YouthHubYQG.com
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs) . .	519-253-8481

## Services for the Homeless

Street Health . . . . .	519-997-2824
Well-Come Centre Shelter for Women (females 18+ yrs) . . . . .	519-971-7595
Windsor Youth Centre (age 16-25 yrs) . . . . .	226-674-0006
Access County Community Support Services Emergency Housing Hotline . . . . .	519-981-2599
Windsor Residence for Young Men (age 16- 24 yrs) . . . . .	226-221-8464
Housing Information Services . . . . .	519-254-4824

## Sexual Health

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus) . . . . .	519-255-2234
Sexual Assault Crisis Centre (daytime) . . . . .	519-253-3100
(24 hr) . . . . .	519-253-9667
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs) . .	519-253-8481

## HIV and STI Testing

Windsor Regional Hospital (Anonymous HIV testing only) . . . . .	519-254-6115
Windsor Essex Community Health Centre (age 12- 24 yrs) . . . . .	519-253-8481

## Domestic Violence

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus) . . . . .	519-255-2234
Hiatus House . . . . .	519-252-1143
Crisis Helpline (24 Hour) . . . . .	519-252-7781

## Pregnancy Help Services

Healthy Families Program (Windsor-Essex County Health Unit) . . . . .	519-258-2146
Building Blocks for Better Babies (BBBB) Prenatal Nutrition . . . . .	519-977-6862
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs) . .	519-253-8481

## Parenting Classes

Triple P (Positive Parenting Program) . . . . .	519-257-5215 ext. 74033
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## LGBTQIA2S+ Youth Services

Access Leamington Support Centre . . . . .	519-324-0990
Positive Pathways Community Services (age 11-25 yrs) . . . . .	519-973-0222
<a href="http://www.pozitivepathways.com/education-outreach">www.pozitivepathways.com/education-outreach</a>	
SAFE . . . . .	<a href="http://www.safewindsor.com">www.safewindsor.com</a>
Youthline (4-9:30 p.m., Sun. to Fri.) . . . . .	1-800-268-9688
Windsor Family Health Team . . . . .	519-250-5656
Windsor Pride Community . . . . .	519-973-4656
Windsor Youth Centre (GSA) (age 16-25 yrs) . . . . .	226-674-0006
<a href="http://youthline.ca">youthline.ca</a>	
Trans Wellness Ontario . . . . .	226-674-4745

## Eating Disorders

Bulimia Anorexia Nervosa Association (BANA) and Windsor Essex Community Health Centre (Intake Line) . . . . .	1-855-969-5530
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## Youth Employment and Income Services

St. Clair College Employment Centre (Windsor) . . . . .	519-253-4461
Employment Connections (Leamington) . . . . .	519-326-8629
Ontario Works . . . . .	519-255-5200
New Beginnings Youth Opportunity Strategy . . . . .	519-254-2363

## Oral Health

Windsor-Essex County Health Unit . . . . .	519-258-2146 ext. 1199
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## Mental Health Services and Counselling

Children First (age 0 – 6 yrs) . . . . .	519-250-1850
Erie St. Clair Local Health Integration Network Mental Health and Addictions Nurses . . . . .	1-888-310-8881
Family Service Windsor-Essex (age 6 yrs or older) . . . . .	519-966-5010
The Inn of Windsor (age 13-21 yrs) . . . . .	519-252-7768
Youth Wellness Hub Windsor-Essex . . . . .	YouthHubYQG.com
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs) . .	519-253-8481

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Housing Information Services . . . . .	519-254-4824

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## Mental Health Services and Counselling

Children First (age 0 – 6 yrs) . . . . .	519-250-1850
Erie St. Clair Local Health Integration Network Mental Health and Addictions Nurses . . . . .	1-888-310-8881
Family Service Windsor-Essex (age 6 yrs or older) . . . . .	519-966-5010
The Inn of Windsor (age 13-21 yrs) . . . . .	519-252-7768
Youth Wellness Hub Windsor-Essex . . . . .	YouthHubYQG.com
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs) . .	519-253-8481

## Services for the Homeless

Street Health . . . . .	519-997-2824
Well-Come Centre Shelter for Women (females 18+ yrs) . . . . .	519-971-7595
Windsor Youth Centre (age 16-25 yrs) . . . . .	226-674-0006
Access County Community Support Services Emergency Housing Hotline . . . . .	519-981-2599
Windsor Residence for Young Men (age 16- 24 yrs) . . . . .	226-221-8464
Housing Information Services . . . . .	519-254-4824

## Sexual Health

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus) . . . . .	519-255-2234
Sexual Assault Crisis Centre (daytime) . . . . .	519-253-3100
(24 hr) . . . . .	519-253-9667
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs) . .	519-253-8481

## HIV and STI Testing

Windsor Regional Hospital (Anonymous HIV testing only) . . . . .	519-254-6115
Windsor Essex Community Health Centre (age 12- 24 yrs) . . . . .	519-253-8481

## Domestic Violence

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus) . . . . .	519-255-2234
Hiatus House . . . . .	519-252-1143
Crisis Helpline (24 Hour) . . . . .	519-252-7781

## Pregnancy Help Services

Healthy Families Program (Windsor-Essex County Health Unit) . . . . .	519-258-2146
Building Blocks for Better Babies (BBBB) Prenatal Nutrition . . . . .	519-977-6862
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs) . .	519-253-8481

## Parenting Classes

Triple P (Positive Parenting Program) . . . . .	519-257-5215 ext. 74033
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## LGBTQIA2S+ Youth Services

Access Leamington Support Centre . . . . .	519-324-0990
Positive Pathways Community Services (age 11-25 yrs) . . . . .	519-973-0222
<a href="http://www.pozitivepathways.com/education-outreach">www.pozitivepathways.com/education-outreach</a>	
SAFE . . . . .	<a href="http://www.safewindsor.com">www.safewindsor.com</a>
Youthline (4-9:30 p.m., Sun. to Fri.) . . . . .	1-800-268-9688
Windsor Family Health Team . . . . .	519-250-5656
Windsor Pride Community . . . . .	519-973-4656
Windsor Youth Centre (GSA) (age 16-25 yrs) . . . . .	226-674-0006
<a href="http://youthline.ca">youthline.ca</a>	
Trans Wellness Ontario . . . . .	226-674-4745

## Eating Disorders

Bulimia Anorexia Nervosa Association (BANA) and Windsor Essex Community Health Centre (Intake Line) . . . . .	1-855-969-5530
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## Youth Employment and Income Services

St. Clair College Employment Centre (Windsor) . . . . .	519-253-4461
Employment Connections (Leamington) . . . . .	519-326-8629
Ontario Works . . . . .	519-255-5200
New Beginnings Youth Opportunity Strategy . . . . .	519-254-2363

## Oral Health

Windsor-Essex County Health Unit . . . . .	519-258-2146 ext. 1199
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