

YOUTH SERVICES

Information/Referral Support

Windsor-Essex County Health Unit (Windsor & Leamington)	519-258-2146
Health811	8-1-1 or TTY 1-866-797-0007
Essex Youth Centre	519-776-9000
Drouillard Place	519-253-1073
Multicultural Council of Windsor-Essex County	519-255-1127
New Canadians' Centre of Excellence Inc.	519-258-4076
CanAm Indian Friendship Centre of Windsor	519-253-3243
The Bridge Youth Resource Centre (age 14 -24)	226-773-3454
New Beginnings	519-971-0973
New Beginnings Youth Opportunity Strategy	519-254-2363
Sandwich Teen Action Group	519-254-6999
Windsor-Essex 211	211
Windsor Essex Community Health Centre Teen Health	519-253-8481
Diabetes Wellness School Team	519-997-2823
Youth Diversion	519-253-3340
Hôtel-Dieu Grace Healthcare Regional - Children's Centre Help Link	519-257-5215
Employment Connections (Leamington)	519-326-8629

Crisis Support

Windsor-Essex Children's Aid Society	1-800-265-5609
or	519-252-1171
Community Crisis Centre of Windsor-Essex County (24 hr) age 16+ yrs	519-973-4435
Hôtel-Dieu Grace Healthcare Regional Children's Centre Crisis Service & Walk in Clinic (age 6-18 yrs) (Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.)	519-257-5215

Help Lines

Kids Help Phone (24 hr)	1-800-668-6868
ConnexOntario	www.connexontario.ca
(Access to Addiction, Mental Health & Problem Gambling Services)	1-866-531-2600
Bounce Back Ontario (ages 15+ yrs)	bouncebackontario.ca
Hope for Wellness Hotline for Indigenous people across Canada	hopeforwellness.ca

Alcohol and Drug Addiction

Substance Abuse Program for African Canadian and Caribbean Youth	519-253-8481 ext. 290
Windsor-Essex Community Health Centre (age 12-24 yrs)	519-253-8481
John Howard Society	519-252-3461
Centre for Addiction and Mental Health (camh.net)	1-800-463-6273
Brentwood Adolescent Program (youth age 13-18 yrs)	519-253-2441
Needle Syringe Program - Positive Pathways Community Services	519-973-0222
Hôtel-Dieu Grace Healthcare Tayfour Campus	
Addiction Assessment and Referral (age 16+ yrs)	519-257-5220
House of Sophrosyne (Women 16+ yrs)	519-252-2711

Quit Smoking Help

Windsor-Essex County Health Unit	519-258-2146 ext. 3100
Windsor Essex Community Health Centre (age 12-24 yrs)	519-253-8481
Smokers' Helpline	1-877-513-5333
Quash App (age 14-19 yrs)	www.quashapp.com

Gambling Addiction

YMCA of Southwestern Ontario Youth Gambling Awareness Program (ages 8-24 yrs)	519-965-9335
Centre for Problem Gambling and Digital Dependency (16+ yrs)	519-254-2112

Services for the Homeless

Street Health	519-997-2824
Well-Come Centre Shelter for Women (females 18+ yrs)	519-971-7595
Windsor Youth Centre (age 16-25 yrs)	226-674-0006
Windsor Residence for Young Men (age 16-24 yrs)	226-221-8464
Housing Information Services	519-254-4824

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Windsor Residence for Young Men (age 16-24 yrs)	226-221-8464
Housing Information Services	519-254-4824

Mental Health Services and Counselling

Hôtel-Dieu Grace Healthcare Regional Children's Centre - Walk In Clinic (age 6-18 yrs)
(Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.) **519-257-5215**
Canadian Mental Health Association **519-255-7440**
Children First (age 0 - 6 yrs) **519-250-1850**
Home and Community Care Support Services
Mental Health and Addictions Nurses **1-888-310-8881**
Family Service Windsor-Essex (age 6 yrs or older) **519-966-5010**
The Inn of Windsor (age 13-21 yrs) **519-252-7768**
Youth Wellness Hub Windsor-Essex **YouthHubYQG.com**
WEConnectKids **519-257-KIDS (5437)**
Windsor Essex Community Health Centre Teen Health (age 12-24 yrs) .. **519-253-8481**

Sexual Health

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program
(24 hr Windsor Regional Hospital ER Metropolitan Campus) **519-255-2234**
Sexual Assault Crisis Centre (daytime) **519-253-3100**
(24 hr) **519-253-9667**
Windsor Essex Community Health Centre Teen Health (age 12-24 yrs) .. **519-253-8481**

HIV and STI Testing

Windsor Regional Hospital (Anonymous HIV testing only) **519-254-6115**
Windsor Essex Community Health Centre (age 12-24 yrs) **519-253-8481**

Domestic Violence

Sexual Assault/Domestic Violence Treatment Centre and SAFEKIDS Program
(24 hr Windsor Regional Hospital ER Metropolitan Campus) **519-255-2234**
Hiatus House **519-252-1143**
Crisis Helpline (24 Hour) **519-252-7781**

Pregnancy Help Services

Healthy Families Program (Windsor-Essex County Health Unit) **519-258-2146**
Building Blocks for Better Babies (BBBB) Prenatal Nutrition **519-977-6862**
Windsor Essex Community Health Centre Teen Health (age 12-24 yrs) .. **519-253-8481**

Parenting Classes

Triple P (Positive Parenting Program) **519-257-5215 ext. 74033**

LGBTQIA2S+ Youth Services

Pozitive Pathways Community Services (age 11-25 yrs) **519-973-0222**
www.pozitivepathways.com/education-outreach
Youthline (4-9:30 p.m., Sun. to Fri.) **1-800-268-9688**
youthline.ca

Windsor Family Health Team **519-250-5656**
Windsor Pride Community **519-973-4656**
Windsor Youth Centre (GSA) (age 16-25 yrs) **226-674-0006**
Trans Wellness Ontario **226-674-4745**

Eating Disorders

Bulimia Anorexia Nervosa Association (BANA) and
Windsor Essex Community Health Centre (Intake Line) **1-855-969-5530**
National Eating Disorders Information Centre **1-866-NEDIC (63342)-20**

Youth Employment and Income Services

St. Clair College Employment Centre (Windsor) **519-253-4461**
Employment Connections (Leamington) **519-326-8629**
Ontario Works **519-255-5200**
New Beginnings Youth Opportunity Strategy **519-254-2363**

Oral Health

Windsor-Essex County Health Unit **519-258-2146 ext. 1199**

Mental Health Services and Counselling

Hôtel-Dieu Grace Healthcare Regional Children's Centre - Walk In Clinic (age 6-18 yrs)
(Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.) **519-257-5215**
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HIV and STI Testing

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Domestic Violence

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Hiatus House **519-252-1143**
Crisis Helpline (24 Hour) **519-252-7781**

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Parenting Classes

Triple P (Positive Parenting Program) **519-257-5215 ext. 74033**

LGBTQIA2S+ Youth Services

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www.pozitivepathways.com/education-outreach
Youthline (4-9:30 p.m., Sun. to Fri.) **1-800-268-9688**
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Windsor Family Health Team **519-250-5656**
Windsor Pride Community **519-973-4656**
Windsor Youth Centre (GSA) (age 16-25 yrs) **226-674-0006**
Trans Wellness Ontario **226-674-4745**

Eating Disorders

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Oral Health

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