

HELP PREVENT COVID-19



Maintain a **2 metre** distance from others.



Avoid touching your eyes, nose, and mouth with unwashed hands.



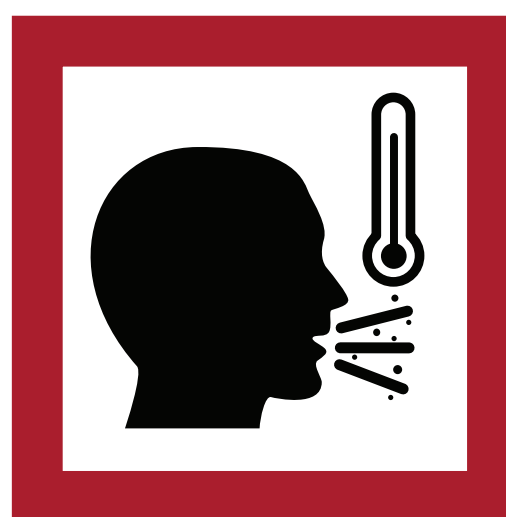
Wash hands with soap and water thoroughly and often.



Cover mouth & nose with a tissue or use the inside of your elbow when you cough or sneeze.



Use a non-medical mask (e.g., cloth) when physical distancing may not be possible.



Stay home if you are sick.

For information on COVID-19 and testing, speak with your health care provider or the WECHU at 519-258-2146 ext. 1420.