



# COVID-19 Vaccination

## What to know about your COVID-19 vaccine appointment

If you are eligible to get a COVID-19 vaccine and have booked an appointment, please read below to know how to prepare for your appointment and what to expect on the day of your appointment.

### How to prepare for your appointment:

- Take your regular medication and eat your meals as usual.
- Do not wear any scented products.
- Wear a loose-fitting top or a t-shirt so your arm can be easily accessed for the vaccination.
- If you have [symptoms](#) of COVID-19, you should not attend your appointment.
- Do not arrive more than 10 minutes before your appointment.
- If you have health concerns, allergies, or are unsure if you should get the vaccine, please speak to your healthcare provider before receiving the vaccine. Guidance for special populations, including pregnant and/or breastfeeding women, individuals with autoimmune conditions and immunocompromised persons, and individuals with allergies is available in the Ministry of Health's [COVID-19 Vaccination Recommendations for Special Populations](#). Learn more about [who should NOT get the vaccine](#).

### What to bring to your appointment:

- Your health (OHIP) card.
  - If you do not have an OHIP card, bring another form of a government issued-photo ID such as a driver's license, passport, Status Card or other provincial health cards.
- Your completed [COVID-19 Vaccine Screening and Consent Form](#). If you are unable to print and complete the form at home, there will be copies for you to complete at your appointment.
- Your mask
- Reading glasses and/or hearing aid if required
- Assistive devices as needed (e.g. scooter, wheelchair, cane)
- A support person if required (e.g. interpreter)

### What to expect when you arrive to your appointment:

Public health measures will be in place at the vaccination clinics and sites to ensure your health and safety during your visit. All health care providers, patients, and other staff and visitors will be expected to follow all [public health measures](#).

- Be sure to read and follow any signs or instructions provided at the clinic or site.
- You will be asked to wear a mask while at your appointment, as well as to sanitize your hands, and practice physical distancing from others (at least 2 metres).
- You will be asked to provide your OHIP or Status card (or any government issued photo ID if no OHIP card) at your appointment.
- You will be screened for symptoms of COVID prior to entering a vaccine clinic. You will also be asked to complete the [COVID-19 Vaccine Screening and Consent Form](#). If you are unable to print and complete the form at home, there will be copies for you to complete at your appointment.

After you get your vaccine, you will be asked to stay for 15-30 minutes to be monitored for any adverse events following immunization.