

Information/Referral Support

Windsor-Essex County Health Unit (Windsor, Essex, & Leamington) ...	519-258-2146
Telehealth Ontario	1-866-797-0000
Essex Youth Centre	519-776-9000
Drouillard Place	519-253-1073
Multicultural Council of Windsor-Essex County	519-255-1127
New Canadians' Centre of Excellence Inc.	519-258-4076
CanAm Indian Friendship Centre of Windsor	519-253-3243
Access Leamington Support Centre	519-324-0990
New Beginnings	519-971-0973
New Beginnings Youth Opportunity Strategy	519-254-2363
Sandwich Teen Action Group	519-254-6999
Windsor-Essex 211	211
The Referral Matrix	www.matrix.resourcenetwork.ca
Windsor Essex Community Health Centre Teen Health	519-253-8481
Diabetes Wellness School Team	519-997-2823
ConnexOntario (Access to Addiction, Mental Health & Problem Gambling Services) ...	1-866-531-2600
Youth Diversion	519-253-3340
Hotel Dieu Grace Healthcare Regional - Children's Centre Help Link ...	519-257-5215
Employment Connections (Leamington)	519-326-8629

Crisis Support

Windsor-Essex Children's Aid Society	1-800-265-5609
or	519-252-1171
Community Crisis Centre of Windsor-Essex County (24 hr) age 16+ yrs ...	519-973-4435
Hôtel-Dieu Grace Healthcare Regional Children's Centre Crisis Service & Walk in Clinic (age 6-18 yrs) (Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.)	519-257-5215

Help Lines

Kids Help Phone (24 hr)	1-800-668-6868
Distress Centre of Windsor-Essex County (Noon to Midnight)	519-256-5000
ConnexOntario (Access to Addiction, Mental Health & Problem Gambling Services) ...	1-866-531-2600

Alcohol and Drug Addiction

Windsor-Essex Community Health Centre (age 12-24 yrs)	519-253-8481
John Howard Society	519-252-3461
Centre for Addiction and Mental Health (camh.net)	1-800-463-6273
Brentwood Adolescent Program (youth age 13-18 yrs)	519-253-2441
Needle Syringe Programme - AIDS Committee of Windsor	519-973-0222
Hôtel-Dieu Grace Healthcare Tayfour Campus Withdrawal Management and Assessment (age 16+ yrs)	519-257-5220
House of Sophrosyne (Women 16+ yrs)	519-252-2711

Quit Smoking Help

Windsor-Essex County Health Unit	519-258-2146 ext. 3100
Windsor Essex Community Health Centre (age 12-24 yrs)	519-253-8481
Smokers' Helpline	1-877-513-5333

Gambling Addiction

YMCA of Windsor & Essex County, Youth Gambling Awareness Program Workshops (age 8-24 yrs)	519-256-7330 ext. 238
Centre for Problem Gambling and Digital Dependency (16+ yrs)	519-254-2112

Mental Health Services and Counselling

Hôtel-Dieu Grace Healthcare Regional Children's Centre Walk In Clinic (age 6-18 yrs) (Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.)	519-257-5215
Canadian Mental Health Association	519-255-7440

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Canadian Mental Health Association	519-255-7440

Mental Health Services and Counselling

Children First (age 0 - 6 yrs)	519-250-1850
Erie St. Clair Local Health Integration Network Mental Health and Addictions Nurses	1-888-310-8881
Family Service Windsor-Essex (age 6 yrs or older)	519-966-5010
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs)	519-253-8481
The Inn of Windsor (age 13-21 yrs)	519-252-7768

Services for the Homeless

Street Health	519-997-2824
Well-Come Centre Shelter for Women (females 18+ yrs)	519-971-7595
Windsor Youth Centre (age 16-25 yrs)	226-674-0006
Access County Community Support Services Emergency Housing Hotline	519-981-2599
Windsor Residence for Young Men (age 16- 24 yrs)	226-221-8464
Housing Information Services	519-254-4824

Sexual Health

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus)	519-255-2234
Sexual Assault Crisis Centre (daytime)	519-253-3100
(24 hr)	519-253-9667
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs)	519-253-8481

HIV and STI Testing

Windsor Regional Hospital (Anonymous HIV testing only)	519-254-6115
Windsor Essex Community Health Centre (age 12- 24 yrs)	519-253-8481

Domestic Violence

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus)	519-255-2234
Hiatus House	519-252-1143
Crisis Helpline (24 Hour)	519-252-7781

Pregnancy Help Services

Healthy Families Program (Windsor-Essex County Health Unit)	519-258-2146
Building Blocks for Better Babies (BBBB) Prenatal Nutrition	519-977-6862
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs)	519-253-8481

Parenting Classes

Triple P (Positive Parenting Program)	519-257-5215 ext. 74033
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Lesbian/Gay/Bisexual/Transgender Questioning (LGBTQ+) Youth Services

Access Leamington Support Centre	519-324-0990
AIDS Committee of Windsor Youth Services (age 11-25 yrs)	519-973-0222
educationoutreach@aidswindsor.org	
www.safewindsor.com	
SAFE	
Youthline (4-9:30 p.m., Sun. to Fri.)	1-800-268-9688
Windsor Family Health Team	519-250-5656
Windsor Pride Community	519-973-4656
Windsor Youth Centre (GSA) (age 16-25 yrs)	226-674-0006
W. E. Trans Support	833-938-7267

Eating Disorders

Bulimia Anorexia Nervosa Association (BANA) and Windsor Essex Community Health Centre (Intake Line)	1-855-969-5530
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Youth Employment and Income Services

St. Clair College Employment Centre (Windsor)	519-253-4461
Employment Connections (Leamington)	519-326-8629
Ontario Works	519-255-5200
New Beginnings Youth Opportunity Strategy	519-254-2363

Oral Health

Windsor-Essex County Health Unit	519-258-2146 ext. 1199
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This information is subject to change, please contact the organization to confirm their services.

Mental Health Services and Counselling

Children First (age 0 - 6 yrs)	519-250-1850
Erie St. Clair Local Health Integration Network Mental Health and Addictions Nurses	1-888-310-8881
Family Service Windsor-Essex (age 6 yrs or older)	519-966-5010
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs)	519-253-8481
The Inn of Windsor (age 13-21 yrs)	519-252-7768

Services for the Homeless

Street Health	519-997-2824
Well-Come Centre Shelter for Women (females 18+ yrs)	519-971-7595
Windsor Youth Centre (age 16-25 yrs)	226-674-0006
Access County Community Support Services Emergency Housing Hotline	519-981-2599
Windsor Residence for Young Men (age 16- 24 yrs)	226-221-8464
Housing Information Services	519-254-4824

Sexual Health

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus)	519-255-2234
Sexual Assault Crisis Centre (daytime)	519-253-3100
(24 hr)	519-253-9667
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs)	519-253-8481

HIV and STI Testing

Windsor Regional Hospital (Anonymous HIV testing only)	519-254-6115
Windsor Essex Community Health Centre (age 12- 24 yrs)	519-253-8481

Domestic Violence

Sexual Assault Treatment Centre, Domestic Violence and Safe Kids Program (24 hr Windsor Regional Hospital ER Metropolitan Campus)	519-255-2234
Hiatus House	519-252-1143
Crisis Helpline (24 Hour)	519-252-7781

Pregnancy Help Services

Healthy Families Program (Windsor-Essex County Health Unit)	519-258-2146
Building Blocks for Better Babies (BBBB) Prenatal Nutrition	519-977-6862
Windsor Essex Community Health Centre Teen Health (age 12- 24 yrs)	519-253-8481

Parenting Classes

Triple P (Positive Parenting Program)	519-257-5215 ext. 74033
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Windsor Pride Community	519-973-4656
Windsor Youth Centre (GSA) (age 16-25 yrs)	226-674-0006
W. E. Trans Support	833-938-7267

Eating Disorders

Bulimia Anorexia Nervosa Association (BANA) and Windsor Essex Community Health Centre (Intake Line)	1-855-969-5530
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Ontario Works	519-255-5200
New Beginnings Youth Opportunity Strategy	519-254-2363

Oral Health

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