

How to **PREVENT THE SPREAD** of COVID-19

Wash your hands and avoid touching your face.

Sneeze into your sleeve or tissue.

Keep 6 feet away from others.

Wear a face mask if in close contact with others.

Do not touch items that belong to others, such as food, drinks, cigarettes, phones, or tablets.

WINDSOR-ESSEX COUNTY
HEALTH UNIT

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If you develop any symptoms of COVID-19 such as fever, cough, or difficulty breathing:

- Inform your supervisor or
- Call the WECHU at 519-258-2146 ext. 1420
- If you develop severe symptoms call 9-1-1

If you have been tested for COVID-19 the WECHU will contact you to provide you with your results.



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