

HELP PREVENT COVID-19



Maintain a
2 metre (6')
distance
with others.



Everyone
should avoid
group settings.



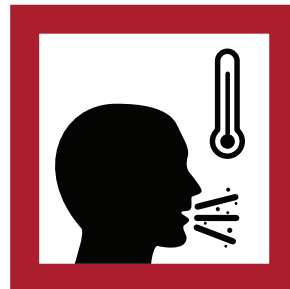
Wash hands
with soap
and water
thoroughly
and often.



Avoid
non-essential
trips in the
community.



Keep surfaces
clean and
disinfected.



Stay home
if you are sick.

If you have symptoms of COVID-19 (fever, cough, or difficulty breathing) and have recently travelled outside of Canada, self-isolate at home and call us at 519-258-2146 ext. 1420 or call Telehealth Ontario at 1-866-797-0000.