DIAPERING ROUTINE

1. Gather needed supplies
2. Wash your hands
3. Put on disposable gloves
4. Remove and discard the soiled diaper
5. Clean child’s bottom. Diaper and dress the child
6. Discard soiled gloves in the garbage container
7. Wash your hands and then child’s hands. Return the child to a supervised area
8. Clean and disinfect the change pad ensuring proper contact time is followed
9. Wash your hands

Adapted with permission from York Region Public Health.

For more information refer to A Public Health Guide For Child Care Providers at york.ca/childcareguide