

Get help with **SUBSTANCE USE** in Windsor and Essex County

GET HELP RIGHT NOW

If your child ingests a drug, or you or someone else is having a bad reaction to a drug, call the Ontario Poison Centre (1-800-268-9017) or 911 immediately.

If you are in crisis, please call the local crisis line 519-973-4435, 911 or go to your closest hospital emergency department.

EMERGENCY SERVICES

Community Crisis Centre Hotel-Dieu Grace Healthcare

www.hdgh.org/en/crisis

Services for individuals who require immediate assessment and support. Follow-up crisis counselling and referrals.

Age 16+.

24 hour Crisis Telephone Line

519-973-4435

Community Crisis Centre in the Transitional Stability Centre

744 Ouellette Ave.

8 a.m. - 8 p.m. 7 days/week, walk-in

Windsor Regional Hospital - Ouellette Campus, Emergency Department

1030 Ouellette Ave.

7 a.m. - 11 p.m. 7 days/week, walk-in

Ontario Poison Centre

1-800-268-9017

24 hours/7 days a week

Telephone service providing expert poison advice to the public and health-care professionals. Get advice about common poison exposures such as medicine, plants and industrial chemicals, as well as drug overdoses.



HELPLINES AND ONLINE SUPPORT

Connex Ontario - Addiction, Mental Health, and Problem Gambling Services

1-866-531-2600

www.connexontario.ca

24 hours/7 days a week

Telephone or Web Chat Service for Adults. Free, confidential information and referral to drug and alcohol treatment services across Ontario. *Services in English, French, and over 170 languages. All ages.

Kids Help Phone

1-800-668-6868

www.kidshelpphone.ca

24 hours/7 days a week

Telephone or Web Chat Service for Children and Youth. Safe, private, and non-judgmental phone counselling, web counselling and referral service for children and youth. *Services in English and French. Ages 29 and under.

Aegis Health

226-946-1000

www.aegishealth.ca

1083 Ouellette Ave., Windsor

Outpatient clinic. *Services in English, French, Polish, and Mandarin. All ages.

ACCESS County Community Support Services

519-733-8983 ext. 25

Toll-Free: 1-877-733-8983 ext. 25

Youth Transitional Support Program

www.accesscounty.ca

23 Mill Street West, Kingsville

One-to-one support, advocacy, and community referrals. Ages 16-24.

Alcoholics Anonymous

Windsor: 519-256-9975

Leamington: 519-999-1234

www.aa.org

Offers individual and group support to individuals living with problematic alcohol use, or for their friends and family. All ages.

Brentwood Recovery Home

519-253-2441 ext. 206

www.brentwoodrecovery.com

2335 Dougall Ave., Windsor

Residential addiction treatment with non-residential aftercare for men and women. Supports available for parents, family, & friends of persons challenged by addiction. Ages 16+.

Non-residential addiction treatment program. Ages 13-15.

Can Am Friendship Centre

519-253-3243

www.caifc.ca

2929 Howard Ave., Windsor

Assists Aboriginal people living with alcohol/drug issues. *English and French. All ages.

Canadian Mental Health Association

519-255-7440

www.cmha-wecb.on.ca

1400 Windsor Ave., Windsor

One to One Addictions Support program.

Helps individuals who have a diagnosis of mental illness and struggle with an addiction. Ages 16+.

Concurrent Disorders Family Group.

Provides support and education to individuals who have a family member living with mental illness and substance use. Ages 16+.

Sobriety Through Accessing Group Education and Support (S.T.A.G.E.S.) program.

On-going support for those living with mental illness and substance use. Ages 16+.

Centre for Addiction and Mental Health, Rainbow Services (LGBT)

1-416-535-8501 ext. 2

Program: 1-416-535-8501 ext. 37062

www.camh.net

60 White Squirrel Way, Toronto

Residential and non-residential specialized treatment offered to lesbian, gay, bisexual, transgender, transsexual, two-spirit, and intersex people, concerned about their substance use. Ages 18+.

Crossroads Centre for Personal Empowerment

519-252-5456

www.crossroadsc4pe.ca

1980 Ottawa St., Lower Unit, Windsor

Education, support, and counselling.

Ages 18+.

Downtown Mission - Phoenix Recovery and Wellness Program

519-962-5582 ext 803 or 804

www.downtownmission.com

875 Ouellette Ave, Suite 300, Windsor

Free, 12-week day treatment program. Offers counselling, education, support services, and use of the Downtown Mission Fitness Centre. Ages 18+.

Employee Assistance Programs (EAP)

EAPs are offered by some workplaces and can help employees and their families with alcohol and drug problems. To learn if your workplace offers an EAP, ask your union representative, health and safety representative, or human resources officer.

Family Services Windsor-Essex Counselling and Advocacy Centre

519-966-5010

Toll free: 1-888-933-1831

www.familyserviceswe.ca

1770 Langlois Ave., Windsor

Confidential, voluntary, short or long-term counselling services to families, individuals, and couples. Ages 16+.

Hôtel-Dieu Grace Healthcare, Windsor Addiction Assessment and Outpatient Service (WAAOS)

3740 Connaught Ave., Windsor

(in the Withdrawal Management Services Building) Services in all languages upon request. Ages 16+.

Assessment and Referral Program

519-257-5220 ext. 1

www.hdgh.org/addictionassessmentoutpatient

Designated assessment and referral

centre in Windsor-Essex for persons wishing to access treatment for addiction to alcohol and/or drugs. Helps individuals determine appropriate treatment options.

Withdrawal Management Services

519-257-5225

[www.hdgh.org/
withdrawalmanagement](http://www.hdgh.org/withdrawalmanagement)

Residential, non-medical services for individuals who are intoxicated and in crisis. Provides a space to safely withdraw. No referral needed. Call to ensure bed availability. Ages 16+.

Concurrent Disorders Program

519-257-5125 ext. 1

[www.hdgh.org/
concurrentdisorderprogram](http://www.hdgh.org/concurrentdisorderprogram)

An outpatient program for persons with a diagnosed mental health disorder and alcohol or substance dependence. Ages 16+.

House of Sophrosyne

519-252-2711 intake ext. 115

www.sophrosyne.ca

1771 Chappell Ave., Windsor
35 day residential addiction/trauma program for women. Ages 16+.

Community Programs

226-350-1569

Transitional Care, Continuing Care, Brief Crisis Counselling for men and women, Educational Services.

Caring Connection

226-347-3957

Moms in Recovery, Father's in Recovery, Continuing Care, Brief Intervention and Crisis Intervention.

Supportive and Transitional Housing and Treatment Program

Windsor: 519-560-7359

County: 519-990-7547

Virtual Addiction Treatment

226-340-0587

Online pre-treatment, addiction treatment, and transitional care.

Family Program

226-340-1194

For those impacted by a loved one's addiction or grieving a loss of someone due to substance use. Individual or private group sessions.

Justice Program

226-340-4908

For men or women incarcerated at the Southwest Detention Centre or navigating the Justice System.

Lasalle Empowerment Assistance Program (L.E.A.P.)

519-969-5210 ext. 2531

www.lasallepolice.ca

1015 Erie St. E., Windsor
(Spiritual Soldiers Coffee Compound)
Meets bi-weekly on Thursdays from 6-8 p.m. Free peer to peer support in a safe, discreet, non-judgemental environment to help empower individuals struggling with a substance addiction or in recovery. Ages 18-25.

Narcotics Anonymous

519-566-3830

Toll free: 1-888-811-3887

www.essexkentna.org

Open to anyone who wants to do something about his or her substance use. All ages.

New Beginnings (Non-Residential Attendance Centre)

519-971-0973

www.newbeginningswindsor.com

1015 Highland Avenue, Windsor

519-254-2363

1049 Janette Avenue, Windsor

Offers individual substance use counselling. Provides assessment and treatment for mandated youth justice clients. Ages 12-20 years and those referred by the WECDSD for substance use and dependency.

Windsor Essex Community Health Centre

www.wechc.org

weCHC - Teen Health

519-253-8481

1361 Ouellette Ave., Windsor
City and county services available at several locations. Free counselling services. Ages 12-24.

S.T.E.P.S. (Stability Through Education Prevention and Support)

weCHC - Sandwich

519-258-6002 ext. 420

Cell: 519-563-8993

3325 College Avenue, Windsor

weCHC - Leamington

519-997-2828 ext. 865

Cell: 519-564-1230

33 Princess St., Suite 450, Leamington
A voluntary program that embraces use reduction and abstinence goals through one-on-one and family counselling, groups, and outreach. Individuals on Methadone, Suboxone, and Naltrexone are welcome. We have two locations but will also meet clients where they are throughout Windsor-Essex. Ages 16+.

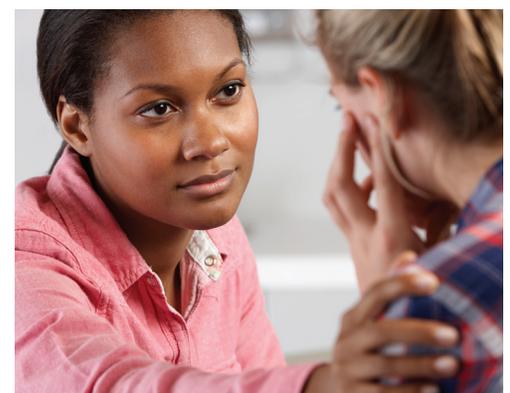
Windsor Life Centre

519-972-8160

www.windsorlifecentre.com

4490 7th Concession, Windsor

A Christian-based substance and alcohol recovery and rehabilitation program for women. Ages 18+.



MEDICATION-ASSISTED TREATMENT (INCLUDING METHADONE AND SUBOXONE)

Windsor, ON

City Centre Clinic

519-254-3300

500 Wyandotte St. E.

Downtown Windsor Clinic

519-962-0749

380 Pelissier St.

Erie St. Clair Clinic

519-977-9772

1574 Lincoln Rd.

519-988-1020

2525 Roseville Garden Dr., Suite 100

Goyeau Street Clinic

519-256-1519

1078 Goyeau St.

Horizons Opioid Treatment Services

1-855-742-9449

1428 Ouellette Ave.

Medical Wellness Centre

519-254-0008

60 Park St. W.

McGaffey Pharmacy

519-944-1717

3955 Tecumseh Rd. E.

Ontario Addiction Treatment Centre

(OATC)

519-252-0991

1101 University Ave. W.

Ontario Addiction Treatment Centre

(OATC)

519-735-6500

9917 Tecumseh Rd. E.

trueNorth Medical Centre

1-888-878-3563 ext. 4

1078 Goyeau St.

Wyandotte Street Pharmacy

519-258-3333

366 Wyandotte St. W.

Leamington, ON

Erie St. Clair Clinic

519-326-7742

15 John St.

Renew Medical Clinic

519-322-4922

4 Talbot St. E.

Please call the clinics for more information.

HELP FOR HIGH SCHOOL AND POST-SECONDARY SCHOOL STUDENTS

High School

Students can call directly to talk with a Mental Health and Addiction nurse about alcohol, marijuana, opioids, or other substances. A school, hospital, or community agency can also refer by calling or going online.

519-258-8211 or 1-888-447-4468

www.healthcareathome.ca/eriestclair/en/care/Pages/Getting-Care-at-School.aspx

Post-Secondary School Counselling for Students

University of Windsor

519-253-3000 ext. 4616 – CAW Centre room 293

www.uwindsor.ca/scc

St. Clair College

519-972-2727 ext. 4226 – Room 206

www.stclaircollege.ca/student-services/counsellingservices.html



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The information in this document is current to October 2019.

If a service or program on this brochure is no longer offered or it has changed, please call 519-258-2146 ext. 3100

