



WECHU Annual Service Plan 2023

January 19, 2023

Development of an Annual Service Plan

- Ministry of Health requirements that must be fulfilled based upon the Ontario Public Health Standards (OPHS) and related legislation
- Development of program plans based on local priority populations and local public health needs
- Programs, services and human resources tied to budgetary plans
- WECHU uses comprehensive planning approach reflects integration of WECHU's strategic, evaluation, and quality improvement plans
- Corporate plans supporting foundational standards and corporate requirements including risk registry and CQI



Community Needs and Priority Populations

- Local public health risks and challenges evidence informed local approaches
- Data driven community needs local data challenges
- Local Priority Populations with integration of high risk postal codes and High Priorities Communities fund work integration
- Plans are a balance of Provincial requirements for programming and locally responsive efforts in most needed areas (required under Public Health mandate)



Ontario Public Health Standards

STANDARDS:

FOUNDATIONAL STANDARDS

9 PROGRAM STANDARDS

3 FRAMEWORKS

SUPPORTING MATERIALS:

23 PROTOCOLS

20 GUIDELINES

REFERENCE DOCUMENTS

Program Standards

1 CHRONIC DISEASE PREVENTION 4 SAFE WATER 7 IMMUNIZATION
2 HEALTHY GROWTH AND DEVELOPMENT 5 HEALTHY ENVIRONMENTS 8 SCHOOL HEALTH
3 FOOD SAFETY 6 UNFECTIOUS AND COMMUNICABLE DISEASES PREVENTION AND CONTROL 9 SUBSTANCE USE AND INJURY PREVENTION

Chronic Disease Prevention & Well-being

Mental Health

- Develop and build capacity within local system to inform "upstream" approaches to promoting positive mental health.
 - Collate and share local mental health data, best practices, community education, and resources for system navigation

Healthy Eating Behaviours

- Serve as the backbone organization behind the Windsor-Essex Food Policy Council
 - Development of a local food strategy to coordinate partners and collectively assess needs and action strategies
- Provision of direct client supports for healthy eating behaviours
 - Lead agency amongst community partners

Departments that support this standard: CDIP, Healthy Schools & Oral Health



Chronic Disease Prevention & Well-being

Physical Activity Promotion

- Working with partners to develop and implement local strategies to reduce sedentary behaviours
 - Education for older adults, improving access to recreation for low income families
- Utilization of emerging social platforms and technologies to provide tools, reduce barriers, and educate community on how to meet recommendations for daily physical activity

Built Environment

 Providing expertise in consultation with municipalities to support built environment planning

Departments that support this standard: CDIP, Healthy Schools, & Oral Health



Healthy Growth & Development

Breastfeeding

- Direct lactation support through in person and virtual consultation services with certified Lactation Consultant
- Hotline offered to support new parents
- In hospital infant feeding assessment and 48 hours phone call post-partum

Nurse Practitioner clinic

 Nurse Practitioner clinic for those unattached to a Healthcare Provider to provide primary care to infants and mental health support to new mothers

Departments that support this standard: Healthy Families



Healthy Growth & Development

Preconception/Prenatal / Parenting Support

- Positive parenting classes and supports for high-risk groups
- Delivery of preparation for parenting courses with local partners
- Provision of multivitamins, connections to social services (e.g., food, income, housing), and guidance on healthy lifestyles for healthy pregnancies

Departments that support this standard: Healthy Families



Food Safety

- 24/7 on-call response for food-borne illness/outbreaks & emergencies
- Routine inspections of high, medium and low risk food premises (3, 2, 1 annual inspections)
- Complaint inspections
- Inspections and public disclosure of outcomes
- Food handler training & certification
 - Online and targeted priority groups
 - Public awareness of food-borne illnesses and safe food-handling practices and principles

Departments that support this standard: Environmental Health



Safe Water

- Recreational Water facility inspections
 - Pools, Spas, Splash pads, Waterslides, Wading Pools
 - Beach water quality testing
- Drinking Water Monitoring and Surveillance
 - Small water system inspections and operator training
 - 24/7 response to water-borne illness reporting
- Public disclosure and education regarding water safety
- Safe water public education and awareness

Departments that support this standard: Environmental Health



Healthy Environments

- Planning and response to environmental hazards/exposures
- Consulting with municipalities on climate change and extreme weather strategies response
 - Extreme weather monitoring and responses
 - Regional Climate Change Strategy
- Inspecting public spaces based on legislated requirements and operator education
 - Seasonal Housing
 - Recreational Camps
 - Ice rinks/arenas
- 24/7 on-call response to health hazards to reduce public exposure

Departments that support this standard: Environmental Health



Substance Use & Injury Prevention

Opioids and Other Substances

- Serve as the founding and "backbone" organization behind the Windsor-Essex Community Opioid and Substance Strategy
- Community hub for the distribution of Naloxone to partner agencies
- Increase public awareness of overdose prevention and the benefits of harm reduction
- Lead agency for the establishment of a CTS; includes community consultation, leasing of space, retrofit, Ministry applications, and liaison role
- Development and distribution of resources for referral pathways and system navigation
- Surveillance of overdose and community alert system

Departments that support this standard: CDIP, Healthy Schools, Infectious Disease Prevention



Substance Use & Injury Prevention

Tobacco and Vaping

- Reduce youth access to tobacco and vaping products
- Development of municipal policy support through enforcement of Smoke-free Ontario Act, 2017 and smoking/vaping bylaws
- One-on-one cessation services offered through counselling and NRT distribution
- Working with local partners regarding substance treatment

Alcohol and Cannabis

- Increase the use of screening tools and referrals amongst community agencies
- Support municipalities with assessment of new cannabis retail operations prior to opening.

Departments that support this standard: CDIP, Healthy Schools, Infectious Disease Prevention



Immunization

- Providing school-based immunization clinics to eligible students (grade 7)
- Assessing and enforcing the requirements of the ISPA in schools and licensed child care centres
- Onsite/mobile COVID-19 vaccinations
 - Focus on priority and under-immunized groups including pediatric, immunocompromised, individuals in high priority postal codes
- Emergency response vaccination supports for outbreaks and emerging infectious diseases (i.e. Monkeypox, chicken pox, polio)
- Vaccine response planning for emerging infectious diseases diseases

Departments that support this standard: Healthy Schools



Immunization

- ISPA Exemption Process Support
- Respiratory illness/seasonal influenza campaign
- Local health care provider engagement to support immunization in community with focus on high priority groups
- Managing supply, distribution, and cold-chain for publically funded vaccines
- Monitoring and investigating all local AEFIs

Departments that support this standard: Healthy Schools



Infectious and Communicable Diseases Prevention and Control

- Response, tracking, and management of outbreaks
- Monitoring vector-borne diseases and transmission (mosquito surveillance and larviciding program)
- Investigation/contact tracing of communicable diseases (Diseases of Public Health Significance)
 - Case and contact management for STTBIs
 - COVID-19 Response (CCM)
 - Monkeypox response

Departments that support this standard: Infectious Disease Prevention & Environmental Health



Infectious and Communicable Diseases Prevention and Control

- Animal Bite Investigations and Rabies Prevention Program
- Tuberculosis (TB) testing, tracking, and case management (including management of latent TB infections and medical surveillance)
- Collaboration with local partners and health care providers on reporting requirements, immunization and high risk client outreach
- Infection Prevention and Control (IPAC) program
 - Hub Lead (non-cost share programming)
 - Conducting IPAC inspections of applicable facilities
 - Working with high risk facilities to support IPAC fundamentals
 - Host local IPAC Community of Practice

Departments that support this standard: Infectious Disease Prevention & Environmental Health



School Health

- Dedicated support to high needs school on priority topics (annual school health assessments)
- Providing age appropriate mental health and well-being supports (sleep, suicide prevention, resilience strategies) collaboration with Board strategies
- Working with partners to prevent sexual violence occurrences/provide student supports (focus on consent)
- Education and support to reduce substance use in schools (including tobacco, vaping and e-cigarettes)
- Training and support related to healthy eating in schools with a focus on food literacy

Departments that support this standard: Healthy Schools



School Health – Oral Health

Healthy Smiles Ontario

- Operation of a City and County dental clinic to serve eligible children 17 and under
- Oral health screening in all local elementary schools with RDH and DA
- Parental notification and enrollment into HSO program for free treatment through referral or in house
- Provision of oral health services to qualifying students
- Education/support and health promotion in schools

Departments that support this standard: Oral Health





Oral Health

Ontario Seniors Dental Care Program

- Provides access to free dental care for those 65 years and older through internal WECHU City and County dental clinics and/or referral to community dental office
 - Check-ups, including scaling, fluoride and polishing
 - Repairing broken teeth and cavities
 - X-rays
 - Removing teeth or abnormal tissue (oral surgery)
 - Treating infection and pain (endodontic services)
 - Treating gum conditions and diseases (periodontal services)
 - Provision of dentures as needed

Departments that support this standard: Oral Health

