

WHAT IS CONSENT?

Consent means clearly and freely agreeing to something without pressure.



Consent Is...

- ✓ **Freely given**
- ✓ **Clear and informed**
- ✓ **Ongoing**
- ✓ **Respectful**
- ✓ **A choice made without pressure, fear or guilt**

A person can't give consent if they are...

- ✗ **Sleeping**
- ✗ **Unconscious**
- ✗ **Impaired by alcohol or other drugs**
- ✗ **Unable to understand what's happening**

IMPORTANT THINGS TO KNOW ABOUT CONSENT

- Consent should never be assumed.
- Giving consent once does not mean giving consent every time.
- A relationship does not mean automatic consent.
- A person can change their mind any time.
- Respect a person's boundaries and decisions.
- Communicate openly and honestly.
- Listen if someone says no (silence also means no).
- Read body language - any sign of discomfort means no (a shrug, pulling away, looking away, etc.).

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& local support
wechu.org/YRV



**EVERYONE DESERVES
SAFETY AND RESPECT.**