

Keep Everyone in your Household **SAFE FROM POISONING**



Medication is the leading cause of poisoning in kids.

Protect the kids in your household by:

- Keeping medicine and other substances like alcohol and cannabis locked up, out of sight, and out of reach.
- Keeping all medicine and other substances in their original, child-proof packaging.
- Following the instructions on the medication bottle and from your doctor.
- Talking to your kids about only taking medicine when they need it, and waiting for a trusted adult to give it to them.
- Not keeping medication in a purse or bag. If you do, keep it out of sight and reach.
- Unpacking medication and other substances from your grocery bag before anything else.
- When you are done with your medication, take it to the pharmacy don't throw it in the garbage.



If a child in your household took medication they were not supposed to, call the Ontario Poison Centre at 1-800-268-9017, or 911 if it's an emergency.