

YOUTH SERVICES

Information/Referral Support

Windsor-Essex County Health Unit (Windsor & Leamington)	519-258-2146
Health811	8-1-1 or TTY 1-866-797-0007
Essex Youth Centre	519-987-4677
Drouillard Place	519-253-1073
Multicultural Council of Windsor-Essex County	519-255-1127
New Canadians' Centre of Excellence Inc.	519-258-4076
CanAm Indian Friendship Centre of Windsor	519-253-3243
The Bridge Youth Resource Centre (age 14 -24)	226-773-3454
New Beginnings	519-971-0973
New Beginnings Youth Opportunity Strategy	519-254-2363
Windsor-Essex 211	211
Windsor Essex Community Health Centre Teen Health	519-253-8481
Diabetes Wellness School Team	519-997-2823
Youth Diversion	519-253-3340
Hôtel-Dieu Grace Healthcare Regional - Children's Centre Help Link . . .	519-257-5215

Crisis Support

Windsor-Essex Children's Aid Society	1-800-265-5609
or	519-252-1171
Community Crisis Centre of Windsor-Essex County (24 hr) age 16+ yrs . . .	519-973-4435
Hôtel-Dieu Grace Healthcare Regional Children's Centre Crisis Service & Walk in Clinic (age 6-18 yrs) (Mon.-Thurs. 12 to 6 p.m., Fri. 8:30 a.m. to 2:30 p.m.)	519-257-5215

Help Lines

Kids Help Phone (24 hr)	1-800-668-6868
ConnexOntario (Access to Addiction, Mental Health & Problem Gambling Services)	1-866-531-2600 connexontario.ca
Bounce Back Ontario (ages 15+ yrs)	1-866-345-0224 bouncebackontario.ca
Hope for Wellness Hotline for Indigenous people across Canada	1-855-242-3310 hopeforwellness.ca

Alcohol and Other Substance Use

Substance Abuse Program for African Canadian and Caribbean Youth	519- 253- 8481 ext. 290
Windsor-Essex Community Health Centre (age 12-24 yrs)	519-253-8481
John Howard Society	519-252-3461
Centre for Addiction and Mental Health (camh.net).	1-800-463-6273
Brentwood Adolescent Program (youth age 13-18 yrs)	519-253-2441
Needle Syringe Program - Pozitive Pathways Community Services	519-973-0222
Hôtel-Dieu Grace Healthcare Tayfour Campus Addiction Assessment and Referral (age 16+ yrs).	519-257-5224
House of Sophrosyne (Women 16+ yrs).	519-252-2711

Quit Vaping/Smoking

Windsor-Essex County Health Unit	519-258-2146 ext. 3100
Windsor Essex Community Health Centre (age 12-24 yrs)	519-253-8481
Smokers' Helpline	1-877-513-5333
Quash App (age 14-19 yrs)	quashapp.com

Problem Gambling Support

YMCA of Southwestern Ontario Youth Gambling Awareness Program (ages 8-24 yrs)	519-965-9335
Centre for Problem Gambling and Digital Dependency (16+ yrs)	519-254-2112

Services for the Homeless

Street Health	519-997-2824
Welcome Centre Shelter for Women	519-971-7595
Windsor Youth Centre (age 16-25 yrs)	226-674-0006
Windsor Residence for Young Men (age 16- 24 yrs)	226-221-8464
Housing Information Services	519-254-4824

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