

# STUDENT VIDEO SUBMISSION CHECKLIST



## IS YOUR VIDEO READY FOR SUBMISSION?

**REVIEW THE CHECKLIST TO MAKE SURE YOU HAVE EVERYTHING YOU NEED BEFORE YOU SUBMIT.**

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I have read the Connected, Not Controlled Challenge Contest Rules

### MY VIDEO:

- Has a unique title, that is **NOT** "Connected, Not Controlled" or "PSA Video"
- Includes one **Connected, Not Controlled Fact**.
- Includes one **Call to Action** from the list provided.
- Is 30 seconds or less in length.
- Recorded horizontally in high resolution.
- Does not** include copyrighted material (music, pictures, movies, video games, books, etc.)
  - Music is created by me (or my group) or is royalty free music (*note: you will need to provide the source when submitting your video.*)
- Does not** include any branded material (clothing, store signs, video games)
- Only** shows the members part of my group and no-one else (does not include a sibling, parent, teacher, other members of your school, photos of people taken from the internet, etc.)
- Does not show** anything inappropriate, disrespectful, dangerous, or illegal. This includes things like drugs, bad language, or any harmful items.
- Has clear picture and audio that is easy to hear.
  - If subtitles are in my video- they match the spoken words and appear long enough on screen to read.

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## PERMISSION AND SUBMISSION:

- Only **one** member of my group will submit our video.
- If submitting a video in French, an English transcript is attached to my submission.
- My video title has been used on all my team member's Permission forms.
- My parent/guardian has completed my Permission Form.
- All of my teammate's parents/guardians have completed their Permission forms.
- Students who are 18 or older can complete the Permission Form online