



2SLGBTQIA+ Youth Advisory Committee Welcome Meeting

January 24, 2025

Welcome

We are SO glad you are here!



Agenda

1. Ice Breaker
2. Administrative Policies and Procedures
- 3. BREAK!**
4. Overview of Public Health and Role of the Health Unit
5. Future Meeting Planning

Ice Breaker

Three things in common



- 1) Break into small groups.
- 2) Introduce yourselves.
- 3) Talk amongst your group to find three things you all have in common (*E.g. favourite sport, favourite colour, pets, siblings, etc.*)
- 4) One group member shares the things in common!

Committee Terms of Reference

PURPOSE OF COMMITTEE: Help shape the design, implementation, and evaluation of meaningful programs and interventions to improve well-being and reduce health inequalities of 2SLGBTQIA+ youth in WEC.

Activities include monthly meetings, focus groups, and youth advisory council projects.

OBJECTIVES: Committee members will be important partners to help the WECHU meet the needs of 2SLGBTQIA+ youth through advising on program, service and policy development and processes.

ADDITIONAL SECTIONS:

- Compensation for time and transportation
- Term of Office/Time Commitment
- Roles and Responsibilities of the WECHU and Committee Members
- Meeting Frequency and Format

We are happy to hear any feedback on the Terms of Reference!

1. Administrative Policies and Procedures

Please review and sign the following documents before leaving today:

- 1) WECHU Advisory Committee Oath of Confidentiality
- 2) Member Responsibilities and Consent Form for Participation
- 3) Advisory Committee Member Information Form
- 4) Attendance Sheet

1. WECHU Advisory Committee Oath of Confidentiality

PURPOSE: To outline member responsibilities and secure consent for participation in the 2SLGBTQI+ Youth Advisory Committee.

KEY POINTS:

- Commit to maintaining the confidentiality of all information accessed during committee activities.
- Avoid public discussions or sharing sensitive information.
- Report any breaches of confidentiality to WECHU.
- Secure all materials related to the committee.

WHY IT'S IMPORTANT:

Protecting confidentiality fosters trust and ensures the safe exchange of information within the committee.

2. Member Responsibilities and Consent Form for Participation

PURPOSE: To outline member responsibilities and secure consent for participation in the 2SLGBTQI+ Youth Advisory Committee.

KEY POINTS:

- Responsibilities: Uphold WECHU values, maintain confidentiality, participate actively, and adhere to conduct standards.
- Risks: Discussing sensitive topics may cause discomfort; a safety plan is in place.

WHY IT'S IMPORTANT:

Clear expectations and informed consent create a safe, inclusive, and productive environment.

3. Advisory Committee Member Information Form

PURPOSE: To collect and organize member information for communication, emergency response, and compensation purposes.

KEY POINTS:

- Sections include personal details, emergency contacts, and preferred payment methods.
- Helps WECHU maintain accurate records and respond promptly in emergencies.
- Ensures members receive **compensation** efficiently.

WHY IT'S IMPORTANT:

Accurate information allows WECHU to effectively manage and support committee members.

Compensation Overview

Compensation Amount:

- \$25 per meeting attended (whether virtual or in person)

When You'll Be Paid:

- Payments issued quarterly based on attendance records

Payment Options:

- Cheque (via mail, in-person pick-up, or staff drop-off)
- Cash (in-person at quarterly meetings, pick-up, or staff drop-off)

What You Need to Do:

- Sign acknowledgment form when receiving payment
- For mailed cheques, return the signed acknowledgment form provided



WECHU Code of Conduct

PURPOSE: To foster a respectful, safe, and ethical environment for all.

Key Expectations and Standards of Conduct

- Uphold values: Leadership, Accountability, Equity, and Collaboration.
- Treat others with respect and dignity.
- Maintain privacy and confidentiality.
- Protect Health Unit property (physical, electronic, intellectual).

Reporting Violations:

- Report to Committee Facilitator or Designated Safety Officer with details.

No Retaliation Policy:

- Violations can be reported safely, without fear of reprisal.

Participant Safety Plan

PURPOSE:

- Protects the physical, emotional, and psychological well-being of participants.
- Identifies potential risks and establishes clear protocols to address any distress or harm that may arise from participation.

Potential Risks: Emotional distress, disclosure of trauma, experiences of discrimination, conflicts with others, or external safety concerns from visibility.

Common Triggers: Discussing sensitive topics (mental health, trauma, or identity); interpersonal conflicts; exposure to discriminatory behavior.

WHERE TO GO FOR HELP (KEY CONTACTS)

<i>Designated Safety Officer</i>	<i>Mental Health Crisis Support</i>	<i>Emergency Services</i>
<u>Name:</u> Kelly Farrugia <u>Phone:</u> 519-258-2146 Ex. 1369 <u>Email:</u> kafarrugia@wechu.org	<u>Organization:</u> Hotel Dieu Grace Urgent Crisis Centre <u>Phone:</u> 519-973-4435	<u>Phone:</u> 911

Participant Safety Plan Protocols

What to Expect If You're in Distress

IMMEDIATE SUPPORT: Staff will recognize signs of distress and provide a private, quiet space for you to pause and regain composure.

Next Steps If You Need More Help:

- If immediate risk (e.g. self-harm, harm to others):
 - Our Designated Safety Officer will step in. If necessary, mental health professionals or emergency services will be contacted.
- If non-urgent situation, staff will work with you to create short-term safety plan.



Follow-Up to Ensure Your Well-Being:

- Within 24-48 hours, staff will check in to see how you're doing, connect you with additional support if needed.
- All incidents will be documented confidentially for accountability and improvement.

Physical and Emotional Safety Measures

Inclusive Spaces:

- All spaces are designed to affirm and respect 2SLGBTQIA+ identities.

Protecting Your Privacy:

- Your information and anything shared within the group will remain confidential, except in cases where mandatory reporting is required (e.g., self-harm, abuse).

Supportive Communication:

- Staff and facilitators are trained to use non-judgmental and empathetic language.
- Group participants will also be reminded of the importance of respect and kindness.

What This Means for You: You are in a safe, affirming environment where your identity, experiences, and privacy are respected and protected.

Communication Protocols

Accessible Communication:

- You choose your preferred method of communication at the start of the program, and you can update this anytime.

When We're Available:

- Staff are available Monday–Friday, 8:30 AM–4:30 PM

Anonymous Feedback:

- Submit your thoughts or concerns anonymously using our Digital Feedback Form
- Feedback is reviewed weekly, and any actions taken will respect your anonymity.



What is the Windsor-Essex County Health Unit? (The WECHU)

- Windsor and Leamington locations
- One of Ontario's 29 public health units
- Report to the Ministry of Health through the Office of the Chief MOH for Ontario
- Funded through the Provincial Government (Ministry of Health) and local Municipal Governments



Windsor Office
[1005 Ouellette Ave](#)
Windsor, N9A 4J8
Ph: (519) 258-2146

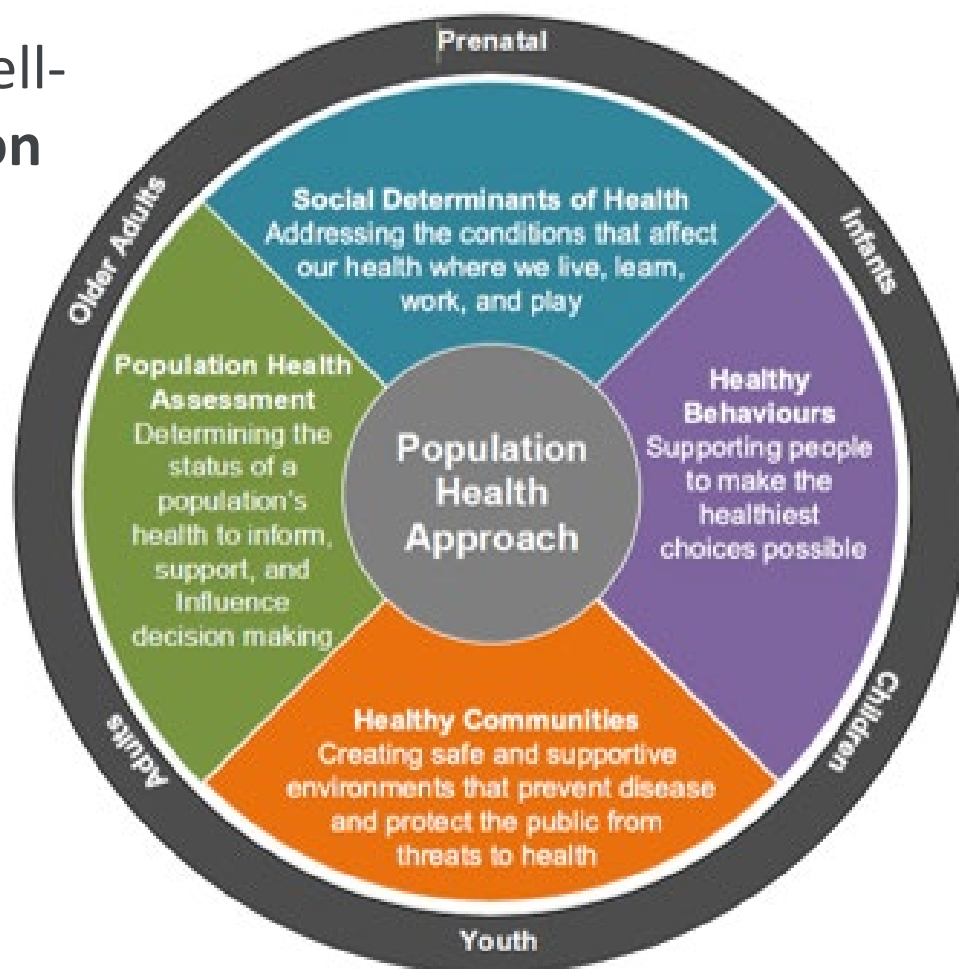


Leamington Office
[33 Princess St](#)
Leamington, N8H 5C5
Ph: (519) 326-5716

What is Public Health?

Focuses on the health and well-being of the **whole population** through:

- **Promotion of health**
- **Protection of health**
- **Prevention of illness**



The Role of Public Health

Population Health Assessment and Surveillance –systematically collecting, analyzing, interpreting and sharing health data to understand the health status, needs, and trends of specific populations.

Health Promotion – empowering individuals and communities to improve their health by addressing social, environmental, and behavioral factors, and creating supportive conditions for healthy living.

Disease and Injury Prevention – preventing or limiting harmful substance use, injuries and reducing the incidence of infectious diseases.

Health Protection – reducing risks to human health in the environment caused by unsafe food, water, air, or other health hazards.

Emergency Management – plan, coordinate, and respond to public health emergencies such as natural disasters, pandemics, or other emergencies with local partners and municipalities.

Local Public Health Programs and Services



Comprehensive Health Promotion

- Develop mental health resilience strategies for priority groups
- Address food insecurity, access, and affordability in WEC
- Implement targeted programs and policy work in key settings, including schools, childcare facilities, and community centers

Food Safety

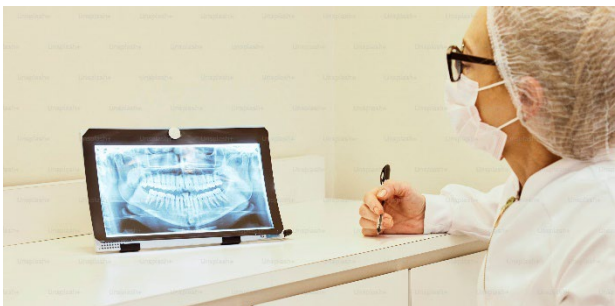
- Respond to food-borne illnesses/outbreaks; conduct restaurant inspections; provide food safety training and certification

Healthy Growth and Development

- Breastfeeding education and lactation consultation services
- Parenting programs that build positive parental mental health, parenting skills and improve child development outcomes
- Initiatives for youth and youth workers on healthy sexuality and healthy relationships

Oral Health

- Annual oral health screening of all Grade 2 students
- Deliver Healthy Smiles Ontario Program and the Ontario Seniors Dental Care Program



Local Public Health Programs and Services

Immunization

- Enforce requirements of the Immunization of School Pupils Act (ISPA); provide school-based immunization clinics
- Manage supply and distribution of Publicly Funded Vaccines

Infectious and Communicable Diseases

- Investigate and manage all reported cases of STBBIs
- Conduct routine inspections to ensure adherence to Infection Control practices
- Respond to infectious disease outbreaks
- Surveilling ticks and mosquitoes to prevent cases of Lyme disease, West Nile Virus, Eastern Equine Encephalitis

Substance Use and Harm Reduction

- Operate the Ontario Naloxone Program
- Lead the Windsor-Essex Community Opioid and Substance Strategy (WECOSS)



Key Health Equity Terms

Health equity means that all people can reach their full health potential without disadvantage due to social, economic, and environmental conditions.

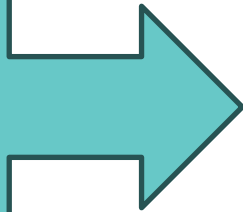
Health equity work refers to work to reduce—and, ultimately, eliminate—disparities in health caused by differences that are systematic, avoidable, unfair and unjust.

Priority populations are those population groups at risk of socially produced health inequities who would benefit most from public health programs and services.

Future Meeting Schedule and Format

Monthly

- 4th Friday of every month*
- 3:30-5pm



- January 24th
- February 28th
- March 28th
- **April 25th (IN-PERSON)**
- May 23rd
- June 27th
- July 25th
- August 22nd
- **September 26th (IN-PERSON)**
- October 24th
- **November 21st (IN-PERSON)**
- *December 12th or 19th



Future Meeting Plans

MEETING 2 (February)

- Identifying health inequities and root causes
 - *Discuss data, what aligns with your experience? What is missing?*

MEETING 3 (March)

- Prioritization of issues
- Discuss possible projects



Thank you!